



**INCREASING AWARENESS OF FAMILY FAMILY THROUGH GUIDANCE OF THE  
SOCIODRAMA TECHNIQUE GROUP OF CLASS VIII-2 STUDENTS DWITUNGGAL  
PRIVATE SMP 2021/2022 ACADEMIC YEAR**

**Y u n i a s i h. S.Pd**

Guru SMP Swasta Dwitunggal

[yusniah@gmail.com](mailto:yusniah@gmail.com)

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**ABSTRACT**

The aim of this research is to increase awareness of closeness in the families of class VIII-2 students at Dwitunggal Private Middle School through the guidance of the Sociodrama Technique group. Counseling Guidance Action Research (PTBK). And the approach taken is a qualitative approach because this research seeks to increase students' awareness of the importance of closeness in the family. The research objects in this PTBK are students in class VIII-2 of Dwitunggal Private Middle School for the 2021/2022 academic year. Class determination is obtained based on the results of observations of the class to be studied. Furthermore, the guidance group was obtained based on Random Sampling Techniques and by paying attention to the results of the questionnaire. Meanwhile, the research subject is the guidance service of the Sociodrama technical group with 9 students. The results of research at the initial observation stage in administering questionnaires to 38 students showed that only 9 students had a low awareness of closeness in the family, each of which was in the sufficient category (51% -75%). The continued implementation of cycle II turned out to produce maximum results. In cycle II with two regular meetings, there was an increase in awareness of closeness within the family among students, this was shown by the results of the questionnaire which showed it was in the successful category (75% -100%). The conclusion that can be drawn from this research is that through group guidance sociodrama techniques can increase awareness of intimacy in the families of class VIII-2 students at Dwitunggal Private Middle School.

**INTRODUCTION**

This world is never free from life. When he is born, he is greeted by the affection and love of parents who are ready to sacrifice anything in order to give the best to their child. Childhood is the happiest time, so you can learn many things, always get help and receive everything you need. Children's behavior, which often annoys and tires parents, does not reduce their love for their children.

Next, there is a "world" that is becoming known. There is a nature of life that is trying to be understood. New things seem to never run out to be discovered in this

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era.

Parental guidance that never fails, prevents their children from being dragged and falling into the abyss of destruction. According to Eddy (2004: V) "it is during this period that parents are often surprised by the strong will and courage of teenagers, as if they want to be free from parental supervision, want to live independently and without needing a helping hand from their parents."

As human nature, children who are born will essentially marry and build a new family. The gate of marriage is the beginning of the child learning to understand the soul of the parent. What does the mother feel when giving birth and what are the father's responsibilities in guiding his child? It will all spin like a wheel. Their children will form a new community as a new generation called family.

Family is the smallest part of society. A family is a group of people bound by an agreement to live together. The nuclear family consists of husband, wife and children. Meanwhile, the extended family is the nuclear family including grandparents, grandchildren, cousins, nieces and nephews and others.

In social relations, the family greatly influences the condition of the community, city or district, province and even the progress of the country. Because character formation and positive attitudes are planted early in human life through the family. It is the family that is the forum for socialization and transformation of the noble values of life.

An advanced society is a society that has knowledge of the importance of the values of closeness within the family so that a society will be formed that works together, has a high sense of empathy and needs each other. It all begins with family life. This is also emphasized by Gymnastiar (2004:2), namely that good family units are the pillars of forming an ideal society that gives birth to a strong and dignified nation. In a family like this you will find natural warmth and affection, no feelings of pressure, no threats and far from conflict and disagreement. When someone, whoever they are, be it a doctor, soldier, president, teacher, businessman, researcher, politician and so on, they must have experienced childhood before. And whatever they become in the future, their development depends on the educational pattern at home.

However, at the level of social life in society, there has been a family crisis which has caused a lot of chaos everywhere. Fighting, gambling, prostitution and

theft are common sights in today's society. Not to mention at school, truancy, cheating culture brawls and so on are normal views for today's school children. In fact, this is an illustration of the weak education instilled in the family.

This weakness is also influenced by the weak quality of close communication which leads to crime, where every family, no matter the person, definitely does not want their family members to be one of the perpetrators of this crime.

This matter does not receive special attention from various parties, in fact this problem is something that is neglected by the government and educators in solving it. So it has an effect on their children's education. As is known, the environment for children in the formation of their personality after home or family is school.

It's such a shame, sometimes parents at home don't have the same, clear and focused vision in guiding their sons and daughters to become individuals with character. In fact, there is a communication gap that occurs so that there is no pattern of closeness to children in the household. Most parents' complaints about their children are disharmony in communication between parents and children. Their children often cannot be controlled, are not close to them and have frontal opinions which are always the cause of distant communication between children and parents. The most surprising thing is the times when children listen to their peers' advice more than their parents' advice.

These things have become a reality of social life which should receive the public's attention, especially educators, to prevent cases of crime occurring in society caused by students. In general, students and young people need intense attention in their psychological and psychological growth and development to become individuals with character. This attention can also be shown from the warm communication patterns between parents and children and all family members. This means that every family member feels the quality of communication in every relationship, so that closeness in family relationships is created in the midst of the family.

Guidance Counseling as part of education has a very large role in preventing crime in society carried out by teenagers or young people. As a small scope, this role can be maximized in elementary to tertiary education units. Where are the many services that can be provided or played by this field. Recognition that every individual is unique and that every child needs self-actualization is the integrity of the field of psychology towards science in this field, so it is hoped that this field of science can

control various behavioral patterns of teenagers and youth. There is still much more to understanding in this field of science regarding the psychological development of teenagers which can basically prevent their criminal acts. Apart from that, the existence of prevention efforts from the family is an important object in handling juvenile cases. So that the family also becomes the center of attention in efforts to resolve various adolescent cases, especially those that impact their formal education (school).

Every level of education certainly wants the best for every student. Every teacher also certainly wants an active teaching and learning process that does not have obstacles and interference from various parties. Based on an initial survey from August to November 2020 at Dwitunggal Private Middle School, there were still students who experienced problems stemming from unfamiliar family relationships. Of the 190 students, 85% of students experienced problems that came from families that were not close to each other. In addition, 65% of students are often reported by subject teachers that they always have problems during the teaching and learning process. Problems encountered by teachers are then processed through counseling guidance. However, after the guidance and counseling team processed the student's case, it turned out that the case came from an unfamiliar family relationship. Apart from that, researchers also conducted interviews with guidance and counseling teachers at schools and produced results that were similar to the researchers' initial survey.

This research attempts to control various crimes caused by students or young people as a result of the gap in the quality of communication that occurs within the family using a sociodrama technical group guidance approach by increasing students and young people's awareness of the importance of the quality of communication or closeness that must exist in the family. This awareness will also move them to take action. After taking action, it is hoped that they will still be able to maintain the values of closeness within the family. Any condition.

Apart from that, this research also seeks to provide solutions for every individual at school who experiences communication problems within the family which have an impact on social relations at school, achievement that is not optimal and so on can be resolved or at least reduced in the number of cases. So that each individual is expected to be a good individual in terms of social and psychological development and achieve maximum performance.

So this research was carried out with Counseling Guidance Action Research (PTBK), where counseling guidance action research was carried out by school counselors or guidance counselors.

## **METHOD**

This type of research is Counseling Guidance Action Research (PTBK). And the approach taken is a qualitative approach because this research seeks to increase students' awareness of the importance of closeness in the family. The research objects in this PTBK are students in class VIII-2 of Dwitunggal Private Middle School for the 2021/2022 academic year. Class determination is obtained based on the results of observations of the class to be studied. Furthermore, the guidance group was obtained based on the Random Sampling technique and by paying attention to the results of the questionnaire. Meanwhile, the research subject is a sociodrama engineering group guidance service with 9 students.

In accordance with this type of research, namely classroom action research, this research has several cycles. Each cycle is carried out in several stages, namely as follows: 1) planning stage; 2) implementation stage; 3) observation stage (observation); and 4) reflection stage.

## **RESULTS AND DISCUSSION**

### **1. Cycle I**

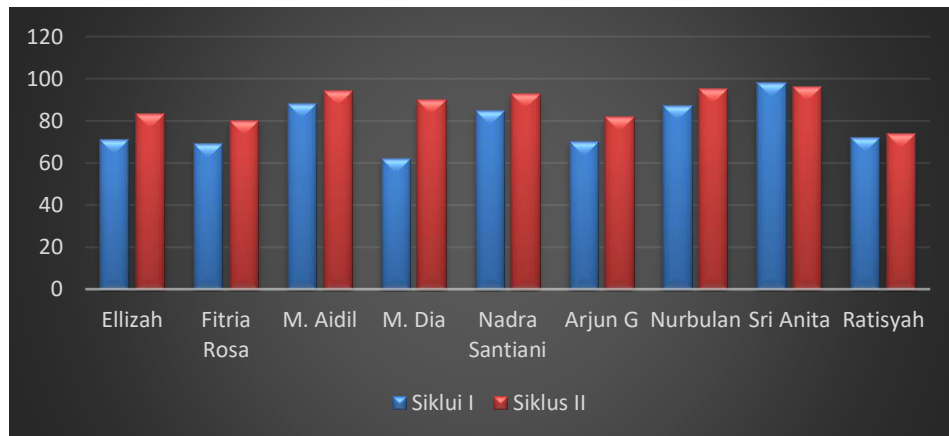
From the group guidance services carried out over 2 meetings, it can be concluded that there has not been a significant increase in the students' cognitive aspects regarding awareness of closeness within the family. This can be seen from the cycle I *laissez* where one of the group members still feels that the problem has been resolved at around 30% - 49 % as well as the evaluation sheet which according to the researcher's observations has not had a significant impact.

Based on the data obtained, in cycle I, there was no significant change in students who had a low level of awareness after being given action in cycle I. Therefore, researchers still consider it necessary to continue in cycle II.

### **2. Cycle II**

From the group guidance services carried out over 2 meetings, it can be concluded that there has been a significant increase in students' cognitive aspects regarding awareness of closeness within the family. The following is the data on the results of each cycle in diagram form:

**Recapitulation of Cycles I and II**



Based on data obtained from the questionnaire in cycle II, it was stated that there were several students who had not met the "Successful" criteria in cycle I. However, in cycle II the researchers were able to lead students to increase awareness of closeness within the family with scores in the "Successful" category. although one student showed a level of awareness that did not meet the "Successful" criteria. So that in the group where the researchers carried out the research there was a significant increase in awareness of familiarity, namely in the "Successful" criteria.

### **Discussion**

The provision of group guidance services to increase awareness of closeness within the family for class VIII-2 students at Dwitunggal Private Middle School has been carried out well. This is proven by the results of the cycle achievement which shows an increase in creating closeness within the family, namely the success criteria which have achieved the targets set by the researchers. The results of the questionnaire showed that observations from before cycle I to cycle II experienced an increase in awareness in creating family closeness.

Before the researchers carried out the provision of group guidance services, the results of initial observations in administering a questionnaire to 38 students showed that only 9 students had low awareness of closeness within the family, each of which was in the sufficient category (51% - 75%).

Meanwhile, the results of the analysis in cycle I of the results of group guidance for students did not show an increase in awareness of closeness in the family and there were still students who felt that awareness of closeness in their family had not been resolved properly, this was proven by the *laiseg* and *laijapen* given by the researcher.

The continued implementation of cycle II turned out to produce maximum results. In cycle II with two regular meetings, there was an increase in awareness of closeness within the family among students, this was shown by the results of the questionnaire which showed it was in the successful category (75% - 100%).

From the recapitulation diagram of the results of the questionnaire analysis, it shows an improvement from the results of initial observations of students in class VIII-2 of Dwitunggal Private Middle School. It can be seen that the initial conditions before receiving guidance services from the family sociodrama technique group do not appear to have demonstrated completeness. This is indicated by 23.7% of students having low awareness of the importance of closeness in the family. In cycle I, after group guidance was carried out by the researcher, it was still found that students had low awareness of closeness within the family as shown in *laiseg* and *laijapen* although there were also some students who had shown improvement. Because they had not reached the target set by the researcher, the researcher continued cycle II, so that in this cycle there was an increase in awareness of closeness within the family among students, and students who still experienced a low level of awareness became 5.3%. So it can be concluded that the Sociodrama Engineering group guidance services can increase awareness of closeness within the family.

#### **CONCLUSION**

The conclusion that can be drawn from this research is that through group guidance using Sociodrama Techniques, in this very long life, with the nature of life throughout time, the word happy has never been born from several families or groups, at first it was not really beautiful but later there were cracks here and there so that the word happy even disappeared in the past, there were those who said *Baiti Janati* (my home is my heaven). The beginning of continuity starts from the household. Appropriating the word happiness in essence and birth must be based on perfect religion in its practice.

Regardless of the problem or any religion, the household will be happy as a whole when the demands of religion or its instructions are implemented optimally and maximally. And it can increase awareness of closeness in the families of class VIII-2 students at Dwitunggal Private Middle School.

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